

SUMMER CAMP 2018

ROSE REISMAN **CATERING**



KIDS LUNCH PROGRAM

- Real ingredients, real food
- No processed or prepackaged food
- Kid-friendly healthy menu choices
- 10,000 Sq. Ft. industrial kitchen

Lunch programs are customized to each school and students' specific needs, while at the same time meeting the requirements of Canada's Food Guide to Healthy Eating.



Nut and Tree Nut Free Facility

Learn more online at:
kidslunch.ca/program-snapshot

HOT ENTRÉES*

	REGULAR	LARGE	AVAILABLE	
Beef Sliders	\$5.75	\$6.75	Monday	
French Toast with Maple Syrup	\$4.75	\$5.75	Monday	V
Chicken Souvlaki with Rice and Tzatziki	\$5.75	\$7.25	Monday	
Pasta with Choice Sauce (plain, tomato, pesto)	\$5.00	\$6.00	Tuesday	V
Chicken Nuggets with Mashed Potato and Vegetables	\$5.25	\$6.25	Tuesday	
Cheese Burger	\$6.25	X	Tuesday	
Chicken Teriyaki with Rice	\$5.50	\$6.50	Wednesday	
Beef Lasagna	\$5.75	\$6.75	Wednesday	
Pancakes with Maple Syrup	\$4.75	\$5.75	Wednesday	V
Mac and Cheese	\$5.25	\$6.25	Thursday	V
Whole Wheat Spaghetti and Meatballs	\$5.25	\$6.25	Thursday	
Chicken Fried Rice	\$5.50	\$6.50	Thursday	G
Cheese Lasagna	\$5.50	\$6.50	Friday	V
Meatballs with Mashed Potato and Gravy	\$5.00	\$6.00	Friday	
Chicken Potstickers with Steamed Vegetables	\$5.50	\$6.50	Friday	D

*Every meal includes a side choice of fruit or vegetable

SALADS & SANDWICHES**

	REGULAR	LARGE	AVAILABLE	
Caesar Salad with Choice Protein (Chicken or Tofu)	\$7	X	Everyday	
Quinoa Salad with Choice Protein (Chicken or Tofu)	\$7	X	Everyday	
Greek Salad with Choice Protein (Chicken or Tofu)	\$7	X	Everyday	G
Chicken Taco Salad	\$7	X	Everyday	



For More Info Visit Us: www.kidslunch.ca
Have Questions? Email Us: kidslunch@rosereismancatering.com

G Gluten Free **D** Dairy Free **V** Vegetarian

Sliced Chicken on a Rustic Bun	\$5.50	X	Everyday	D
BLT on a Rustic Bun	\$5.50	X	Everyday	D
Grilled Chicken Caesar Salad Wrap	\$6.00	X	Everyday	
Tuna Salad on a Rustic Bun	\$5.50	X	Everyday	D
Gluten Free Tuna Wrap	\$6.50	X	Everyday	D G
Gluten Free Chicken Wrap	\$6.50	X	Everyday	D G

****All sandwiches are served plain toppings including mayo, butter, tomato, lettuce can be chosen and are served on the side**

DRINKS

	PRICE	AVAILABLE
Dairy Free Mango Smoothie	\$3.00	Everyday
Dairy Free Berry Smoothie	\$3.00	Everyday
Dairy Free Chocolate Banana Smoothie	\$3.00	Everyday
2% Milk	\$1.25	Everyday
Chocolate Milk	\$1.25	Everyday

ADD-ONS

	PRICE	AVAILABLE
Fresh Fruit Cup	\$2.00	Everyday
Tortilla Chips and Salsa	\$1.75	Everyday
Popcorn	\$1.75	Everyday
Chocolate Chip Cookie	\$1.25	Everyday
Oatmeal Raisin Cookie	\$1.25	Everyday
Rice Krispie Treat	\$1.25	Everyday
Fresh Cut Veggies and Dip	\$2.25	Everyday

CONDIMENTS

	PRICE	AVAILABLE
Lettuce		Everyday
Tomato		Everyday
Ketchup		Everyday
Relish		Everyday
Mayo		Everyday
Plum Sauce		Everyday
Soy Sauce		Everyday
Parmesan	\$0.50	Everyday
Butter	\$0.25	Everyday
Extra Syrup	\$0.50	Everyday
Sliced Dill Pickle	\$0.50	Everyday
BBQ Sauce	\$0.25	Everyday



RECOMMENDED SIZES

Regular:

Recommended for all ages

Large:

Recommended for larger appetites or for active students

HOW TO ORDER

Step 1: Create an account at: kidslunch.ca

Step 2: Follow the website instructions to place your order online

Step 3: Pay by credit card, directly online

FOR MORE INFORMATION

If you have questions or concerns, feel free to email us directly:

kidslunch@rosereismancatering.com and title your email 'KIDS LUNCH'.

