



Events and Food Allergies/Religious Diets

Dear Parents/Guardians:

There are many special events at the Upper School such as House Breakfasts, class celebrations, fundraisers and dances. These events involve bringing in food from the community, either store bought or homemade. To accommodate for food allergies and/or allowances, we ask that food items do not contain any nut products. **However, we cannot guarantee that items do not contain these ingredients.** Please help us by communicating with your son or daughter your preferences on what he/she eats during these events.

We assume at the Grade 7-12 level, students are aware of their allergies and take their own precautions about what to avoid, **as we do not monitor what they consume at these events.**

Thank you for helping to maintain a healthy and safe environment for all students at the Upper School!

Sincerely,

A handwritten signature in black ink that reads 'Sheila Thomas'. The signature is written in a cursive style with a large initial 'S'.

Sheila Thomas
Head of Upper School
Tel: 905 780 1002 ext 3360
sthomas@tmsschool.ca